



# myMed

keeping tabs on your medicines

## Instructions for Use

Exclusive to MyMed  
**The Pill Wizard®**  
More information inside...



Designed & developed by us, exclusively for you

Unicarepharmacy 

**DocMorris**  
PHARMACY

MyMed is proudly supported by:

**Age Action**  
IRELAND  
The Age Action Project

**THE CARERS ASSOCIATION**  
Supporting Carers

**Comfort Keepers,**  
HOME CARE

Your MyMed pack is designed with protruding pull-tabs for easy access to the enclosed medication.

Please follow these simple steps for use.

**Always store your MyMed in a cool dry place when not in use. Feel free to contact your local pharmacy for a demonstration or for further information and advice.**



### Step 1

Check that the pack has your name and address shown on the front. If it doesn't, return it to your pharmacist immediately. Make sure you commence with the pack marked Week 1.



### Step 2

Open the lid and look for the protruding pull-tabs in the top right hand corner of each pocket.



### Step 3

Select the pocket with the correct day and time shown on the seal.



### Step 4

To access the enclosed medication, grasp the relevant pull-tab and remove the clear window over the pocket.



### Step 5

Dispense the enclosed medication into a suitable container prior to use.

## Pill Wizard® - Exclusive to MyMed



If you find it difficult accessing your tablets, ask us for a **FREE Pill Wizard®**.

This is a handy cup which fits into a MyMed compartment, allowing you to tip the pack over, letting the tablets drop in.

Also great for carers who help with medicines.

**FREE!**

## More advice for our MyMed Patients

- Always commence taking your medication with the pack marked 'Week 1', and follow the remaining weeks in the correct order.
- The labels on the inside cover of your pack detail your specific medication and dosage information.
- Only remove medication corresponding to the current day and time.
- Liquids and certain medication will not be included in your MyMed. Let us know if you have any special requirements for these medicines.
- Remember to allow your dispensing pharmacy at least two days to prepare your next MyMed.
- Take note of the Reminder sticker, letting you know when to order your next MyMed.
- Please ensure you notify your dispensing pharmacy of any changes to your medicines, for instance if you go into hospital. If there are changes, bring us back your remaining MyMeds for re-packing.
- If you would like any of your tablets to be packed differently in your MyMed, let us know anytime.
- Please ensure your GP is aware you are using the MyMed system.

**Remember you can always contact your local pharmacy for further advice or information.**